

BREAKFAST
Le Mars Community

MONTH: August
2017

"This institution is an equal opportunity provider"

1		2		3		4			
7		8		9		10		11	
14		15		16		17		18	
21		22		23		24		25	
						K-8 cereal, muffin juice, fruit, milk		K-8 mini pancakes .juice, fruit, milk	
						9-12 cereal, muffin, string cheese, juice, fruit, milk		9-12 mini pancakes Cereal, juice, fruit, milk	
28		29		30		31			
K-8 cereal, 1 slice toast, juice, fruit, and milk		K-5 cereal, poptart(1) juice, fruit, milk		K-8 cereal , long john, juice, fruit, milk		K-8 cereal, muffin juice, fruit, milk			
9-12 cereal, 2 slices toast, juice, fruit, and milk		9-12 cereal, poptart (2) Juice, fruit, milk		9-12 cereal, long john, juice, milk		9-12 cereal, muffin, string cheese, juice, fruit, milk			
K-5 Jelly , peanut butter or 6-8 choice of 2									

Cereal Choice (Lucky Charms, Cinnamon Toast Crunch, Golden Grahams, Cheerios Honey Nut, Frosted Flakes Multi Grain, Honey Nut Chex, Reeses Puffs. 9-12 other options available daily

Juice: Apple Juice, Orange Juice, Fruit Blend

Fresh Fruit: Kitchens' Choice