

*"This institution is an equal opportunity provider."*

*Calorie Targets: average over a week*

*MENU: Subject to change without notice*

*K-5 550-650*

*Middle School and High School will have a fruit and Vegetable bar daily*

*Adults at Grades: Option to order a salad*

*6-8 600-700*

*Protein Available as ordered: Must contact HS Kitchen*

*9-12 750-850*

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24 Pepperoni Pizza Tossed Salad Green Beans Pineapple Apple Churro Entrée Cheese Pizza	25 Cheeseburger Fries California Blend Mandarin Oranges Entrée: Italian Chicken
28 Chicken nuggets Potato Pearls / Gravy Green Beans Lettuce Mandarin Oranges Entrée: Shrimp Poppers	29 Spaghetti With Meat Sauce Broccoli Pears Lettuce Entrée Chicken Alfredo	30 Mexican Fiesta Lettuce Cheese Chips / Salsa Refried Beans Pineapple Entrée; Chicken Fajitas	31 Turkey Sub wrap WG Lettuce / Cheese / Sandwich Dressing Carrots with Dip Applesauce Chips HS Entrée Tuna Wrap	

