

# NOVEMBER 2017

## LE MARS COMMUNITY SCHOOLS

"This institution is an equal opportunity provider"

Milk Choice 1% and Skim  
 Choice of Cereal and Juice  
 Fresh Fruit May Vary Daily  
 9-12 optional String Cheese and Yogurt

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

6  
 Toast,  
 Cereal  
 Juice, Fruit  
 And Milk

7  
 Choice of Pop-tart  
 Cereal  
 Juice, Fruit  
 And Milk

8  
 Donut Cinnamon Little John  
 Cereal  
 Juice, Fruit  
 And Milk

9  
 Blueberry Muffin  
 Cereal  
 Juice, Fruit  
 And Milk

10  
 Mini Blueberry Waffle  
 Cereal  
 Juice, Fruit  
 And Milk

13  
 Toast,  
 Cereal  
 Juice, Fruit  
 And Milk

14  
 Choice of Pop-tart  
 Cereal  
 Juice, Fruit  
 And Milk

15  
 Apple Frudel  
 Cereal  
 Juice, Fruit  
 And Milk

16  
 Chocolate Chip Muffin  
 Cereal  
 Juice, Fruit  
 And Milk

17  
 French Toast Sticks  
 Cereal  
 Juice, Fruit  
 And Milk

20  
 Toast,  
 Cereal  
 Juice, Fruit  
 And Milk

21  
 Choice of Pop-tart  
 Cereal  
 Juice, Fruit  
 And Milk

22  
 Donut, Mini Powdered  
 Cereal  
 Juice, Fruit  
 And Milk

23  
 THANKSGIVING

24  
 NO SCHOOL

27  
 Toast,  
 Cereal  
 Juice, Fruit  
 And Milk

28  
 Choice of Pop-tart  
 Cereal  
 Juice, Fruit  
 And Milk

29  
 Mini Donut, with Cinnamon  
 Cereal,  
 Juice, Fruit  
 And Milk

30  
 Mini Muffins  
 Cereal  
 Juice, Fruit  
 And Milk

